

Life Skills Reflection

Our week at life skills has been an amazing and different experience. We got to meet new people and learn different things about them. We really enjoyed the activities that we did together, especially the cooking and cricket. We got to ask them questions about their personal life over lunch, which was a great way to bond with the participants. We are very thankful for this week and the opportunity to learn in a new environment with real life experiences. Playing just dance was defiantly one of our highlights as it was really nice to see the participants having fun with a big smile on their faces. Another one of our highlights was jewellery making with Belinda we talked about our interests together and got to know more about her. We really hope we get an opportunity like this again and we can spend more time with the participants in the future.

-Jenna, Alice and Ava