

My expectation for the upcoming week is to collaborate and have a good time with the Lifeskills participants. I would like to be able for them to be comfortable enough to have a general chat about a variety of topics and to also have a good time playing sports and going bowling with them. I just want to have a good time with all the participants.

In the past week, I've got to learn all about the life of a Lifeskills participant. I felt like overall the activities we did and eating lunch we matched the participants pace and made them feel more comfortable. While playing the sport activities, participants like Robert and Frank were having a great time learning how to shoot and pass the ball. On Wednesday I had a great time getting to meet Christina who really enjoys watching WWE wrestling and how she went to go watch Wrestle Mania with her family. Later, Ishan, Mitch, Ben and I got to play general knowledge trivia with the participants in one of the La Trobe lecture theatres. For the next two days, we got to do a variety of challenges and activities like Dancing, Jewellery Making, Board Games and Bowling. We then had the last meal which was pizza where I got to meet Daniel who loved Joel Selwood and the Geelong Cats.

Over the past five days I have had some of the most enjoyable moments with my friends and many participants. It was very fun meeting all the participants and hearing about their life and their future. Watching their lifestyle and hearing about what they love doing and what they do to pass the time is influential. It was great spending time with them and hope I can spend some more time with them in the future.

By Chris

