

Sadly, I was unable to attend the first three days of the program, but I was for the last two. Before starting, I thought the participants would be very difficult to work with, but I still thought I would enjoy the experience. At first it was a bit difficult to communicate, but by the end of the day speaking and laughing was easy. I enjoyed learning about the participants and how they work with Lifeskills and what activities they attend daily. I was impressed at the effort Lifeskills went to making sure that the participants were happy and always well entertained.

On the first day we ran a tour of our campus for the participants, this was my first introduction to the participants, and I found talking to them quite different and had a bit of a learning curve, but I did enjoy it. Later that day I also helped to make a podcast, it was nice to socialise more with the participants and I enjoyed learning about their likes and dislikes. I also found it interesting to see what they were comfortable doing and what they were not. I am very glad I was able to have this experience and I am looking forward to seeing the participants around La Trobe.

By Ollie.

