

For my out of class program, I was allocated Lifeskills. I didn't know what to think of it at first, but I was soon to figure out it was a full week of meeting new people and enjoyment. I was nervous but excited for this new experience. On the first Monday, we spent it in the classroom at our campus, learning about disabilities. We walked past the LifeSkills office to the Agora, we met a few of the participants gardening. They were so excited to see us and all so kind and welcoming. In particular, Lole came up to us all and shook hands with a massive smile on his face.

On day two we started the day by having a briefing with the people who run Lifeskills, and that was great to learn more about the program and a bit about the participants before meeting them for the first time. Once we arrived at Lifeskills we sat down at different tables and got to speak to them for the first time. I sat next to Christopher, and he was a really nice guy. He is a massive Collingwood supporter. He was really passionate about his art and he was doing a tree project. Chris also enjoys podcasting which he does on Thursdays. After lunch, we each went into group activities and I joined the Literacy and Numeracy in which I taught Robert and Nuvindra about measurement and counting. It was a really fun time because I talked to them about a lot of other things as well.

On Wednesday, we started off the day by running a sports activity circuit in which I organised a soccer penalty shootout where the aim was to score as many goals as possible in five shots, with the winner being the most goals. It was really good because I got to start learning the names of everyone else the groups came around. Once that was done we went outside for some more activities including bean bag toss, and quoits which was really great. At lunch we had burgers which were really good. I sat next to Matthew who I remembered from the activities earlier and he was a funny guy. Harry and I loved talking to him as he loved trivia and knew every president of America and the time they were leader. Leading from that, he was massive on politics and quite passionate about it, so it was good to hear about his favourites and why he enjoyed it.

On the fourth day, we started at our home campus and the participants came to us for the morning. We took them on a tour and hopefully they enjoyed learning where we learn every day. From there, an enthralling Just Dance session, in which David was very passionate about, took a lot of energy from not only the participants but also us students. I have never been a big dancing person, but it was great to see everyone with a smile on their faces dancing and having fun. We moved to the kitchen from there and decorated some biscuits. I sat next to Jack, and he was a very cool guy. We had a lot in common such as us both going for Collingwood and Real Madrid in the soccer. I talked to him a lot about football, and he knew a lot, so it was a great conversation. We both decorated the cookies and made sports themed ones. For lunch we had salad rolls and they were great, I sat next to David who also knew a lot about sports, and he was very passionate about everything he talked about. We then finished off the day by doing another batch of activities with the participants. I went into the Board Games and Craft which was so much fun. I played Uno with Harvey and six participants. I came last in two of the rounds, but it was a lot of fun anyway. After a few rounds, I went over the pool table and immediately Lole came up to me and asked if I wanted to play. We did two vs twos, and I was on Lole's team. He was really good and was hitting in shots that I couldn't even after playing for a while.

On the final day, we had great activities planned. In the morning we went bowling which everyone enjoyed as it was competitive but also a great relaxing game with everyone. I met Alan in my bowling lane, and he was a massive Sydney Swans supporter. He also loved going bowling in his spare time and I could definitely tell he had bowled before. It was a very close game between us, but he just edged me. I had a great chat with him about his life. From there, we went to have a final pizza lunch with the participants, it was sad after we had finished eating because we had to say a final goodbye. It was hard because we had spent the last four days getting to know them all and having fun together

Overall, I had an absolutely great week and made some great memories with the participants from Lifeskills. I think it as such a great program, and I would definitely recommend enrolling in the week for out of class program for any student.

