



LATROBE LIFESKILLS BENDIGO TIMETABLE

Monday

Tuesday

Wednesday

Thursday

Friday

AM

Certificate Courses/
Literacy and Numeracy

Sport

OR

Zumba/Yoga/
Just Dance

Shopping &
Cooking

OR

Bowling/
Swimming*

Travel
Training

Shopping &
Cooking

OR

Art & Craft

PM

Certificate Courses/
Literacy and Numeracy

Certificate Courses/
Literacy and Numeracy

Shopping &
Cooking

OR

Art & Craft

Travel
Training

Shopping &
Cooking

OR

Art & Craft

*Bowling during Autumn & Winter. Swimming during Spring & Summer.